

Prevention Evidence Based Programs

Kentucky Opioid Response Effort

School and community based programs to promote the health and well-being of youth and adults across the state.



Too Good For Drugs: A universal K-12 prevention education program designed to mitigate the risk factors and enhance protective factors related to alcohol, tobacco, and other drugs (ATOD) use. The lessons introduce and develop skills for making healthy choices, building positive friendships, developing self-efficacy, communicating effectively, and resisting peer pressure and influence.



Sources of Strength: A best practice youth mental health promotion and suicide prevention program designed to harness the power of peer social networks to create healthy norms and culture, ultimately preventing suicide, violence, bullying, and substance misuse.



Mental Health First Aid: A skills-based training course that teaches participants about mental health and substance-use issues. Course can be provided in-person, virtual, or blended in-person with virtual.

For More Information



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